



## 2017 Cuda Practice Schedule

All Practices are at the Northcrest Pool

### **NEW CUDAS only: Monday April 10 - Wednesday April 12. No Practice Thursday or Friday**

<u>Ages</u>	<u>Time</u>	<u>Location</u>
10 & Under	4:30 – 5:00 p.m.	Northcrest Pool
11 & over	5:00 - 5:30 p.m.	Northcrest Pool

### **ALL CUDAS: April 17- May 31**

<u>Ages</u>	<u>Time</u>	<u>Location</u>
6 & Under	4:45 - 5:15 p.m.	Northcrest Pool
7-8	5:15 - 6:00 p.m.	Northcrest Pool
9-10	4:00 - 4:45 p.m.	Northcrest Pool
11- 14	6:00 - 7:00 p.m.	Northcrest Pool
Ages 15-18	6:00 - 7:00 p.m.	Northcrest Pool

**Monday May 29- Memorial Day- No practice!**

**June 1 - last day of school schedule - TBD practice schedule**

### **Morning: June 2-16 at Northcrest**

<u>Ages</u>	<u>Time</u>	<u>Location</u>
11-18 (M-F)	8:00 - 9:00 a.m.	Northcrest Pool
7-8 (M-F)	9:00 - 9:45 a.m.	Northcrest Pool
6 & Under (M-F)	9:45 - 10:15 a.m.	Northcrest Pool
9-10 (M-F)	10:15 - 11:00 a.m.	Northcrest Pool

### **Evenings: June 9-20**

10 & under (M-TH)	5:00 - 5:45 p.m.	Northcrest Pool (3 lanes)
11 & up (M-TH)	5:45 - 6:30 p.m.	Northcrest Pool (3 lanes)

\* No evening practice on Sprint Sizzler Monday June 5!

### **June 19-23 at Northcrest: morning practice for All-Star/Ponderosa qualifiers**

6 & under (M-F)	8:45 - 9:15 a.m.	Northcrest Pool
11 & over (M-F)	9:15 - 10:15 a.m.	Northcrest Pool
7-10 (M-F)	10:15 - 11:00 a.m.	Northcrest Pool

\*Practice schedule subject to change after registration is complete.